

# Open Enrollment for 2024 Health Benefits

October 16 –November 9, 2023

- x Open Enrollment events will close promptly at 5 p.m on Thursday, November 9.
  - o Health Benefit elections on file at 5 p.m. on November 9 will be finalized for 2024.
  - o You may change your benefit elections an unlimited number of times during the Open Enrollment period.
  - o A correction period will not be available after Open Enrollment ends.
- x Benefit effective date: January 1, 2024
- x Plan Information: [www.mymdbenefits.com](http://www.mymdbenefits.com)
  - o Each benefit type has a page with coverage and vendor information for 2024.
  - o 2024 Benefit Guide
- x All rates can be found at [www.mymdbenefits.com](#)
  - o Rates with Domestic Partners: [Regular Employees](#) [Contractual Employees](#)
- x Not making any changes or enrolling in Flexible Spending Accounts: If you are not making any changes and do not plan to enroll in an FSA, then you do not need to do anything. Employees are encouraged to review their benefit elections in SPS.
- x SPS will be unavailable each Friday evening into Saturday morning.
- x It is best to make your changes early in Open Enrollment to avoid system congestion later in the Open Enrollment period which may cause login issues.
- x The USM LIFE/DBL or UNUM deduction on your pay stub is reflective of [USM MetLife benefits](#). The annual enrollment period for these benefits will be in the Spring. Using the link provided, you can view your elections, but changes cannot be made until the annual enrollment period.
- x Unique situations:
  - o If another benefit event is open when Open Enrollment begins (for example new hire, birth, marriage, etc.) The new Open Enrollment event will need to be reviewed and finalized within 14 days.

How to log into SPS to view your benefits and make changes

Website:

