



Susannah Taylor • TR 11 a.m.-12:15 p.m. • DH 213

Covers topics including stress management, income and budgets, components of fitness, nutrition, weight management, chronic disease prevention, and physical activity within the framework of the

Matthew Bailey • MWF 1-1:50 p.m. HS 353 & Lab R 3-4:50 p.m. HS 352

Lauren Hill • W 11 a.m.-12:15 p.m. • SG 131

Ryan Weaver • W 9:30-10:45 a.m. • SG 131

